



Elementary Breakfast September 2019

2

No School

3

Apple Cinnamon Muffin

Fruit Mix, 100% Juice
Milk: Chocolate, Skim, 1%

4

Ultimate Breakfast Round
Chocolate Chip

Applesauce, 100% Juice
Milk: Chocolate, Skim, 1%

5

Cinnamon Toast Crunch
Cereal
String Cheese

Banana, 100% Juice
Milk: Chocolate, Skim, 1%

6

Fruit Loops Cereal
Animal Crackers

Peaches, 100% Juice
Milk: Chocolate, Skim, 1%

9

Nutri Grain Bar

Apples, 100% Fruit Juice
Milk: Chocolate, Skim, 1%

10

Oatmeal Chocolate Chip
Breakfast Bar

Fruit Mix, 100% Juice
Milk: Chocolate, Skim, 1%

11

Honey Graham Crackers
Yogurt

Applesauce, 100% Juice
Milk: Chocolate, Skim, 1%

12

Cocoa Puff Cereal
String Cheese

Banana, 100% Juice
Milk: Chocolate, Skim, 1%

13

Chocolate Chip Muffin
Goldfish Pretzel Crackers

Peaches, 100% Juice
Milk: Chocolate, Skim, 1%

16

Butterscotch Oatmeal Bar
String Cheese

Apples, 100% Fruit Juice
Milk: Chocolate, Skim, 1%

17

Mini Strawberry Creamy
Cheese Bagel

Fruit Mix, 100% Juice
Milk: Chocolate, Skim, 1%

18

Animal Crackers
Yogurt

Applesauce, 100% Juice
Milk: Chocolate, Skim, 1%

19

Cinnamon Toast Crunch
Cereal
String Cheese

Banana, 100% Juice
Milk: Chocolate, Skim, 1%

20

Blueberry Muffin

Peaches, 100% Juice
Milk: Chocolate, Skim, 1%

23

Cereal Bar
String Cheese

Apples, 100% Fruit Juice
Milk: Chocolate, Skim, 1%

24

Banana Muffin
Yogurt

Fruit Mix, 100% Juice
Milk: Chocolate, Skim, 1%

25

Lucky Charms Cereal
Honey Graham Crackers

Applesauce, 100% Juice
Milk: Chocolate, Skim, 1%

26

Chocolate Chunk
Breakfast Bar

Banana, 100% Juice
Milk: Chocolate, Skim, 1%

27

No School

30

Cinnamon Toast Crunch
Cereal Bar

Apples, 100% Fruit Juice
Milk: Chocolate, Skim, 1%

Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.



Breakfast Prices: Paid \$1.50, Reduced \$0.30, Adult: \$2.50

If you qualify for Free or Reduced Lunch, you also qualify for Free or Reduced Breakfast.

Menu is Subject to change without notice!
Questions or Concerns? Please contact Food Service Director, Nina McDonald:
nmcdonald@browndeerschools.com

02

Labor Day!

03

Cheeseburger
Sweet & Sour Chicken
Hummus Wrap
Chicken Ranch Salad

Steamed Mixed Vegetables,
Red Peppers, Salad,
Banana, Pears, 100% Juice

04

Cheesy Bosco Sticks
Grilled Ham & Cheese Sdw
Turkey & Cheese Sub
Fruit & Cheese Plate

Grape Tomatoes
Squash, Salad, Apples,
Peaches, 100% Juice

05

Fish Sticks w/ Mac & Cheese
Chicken nuggets
Muffin, Yogurt & Cheese
Nacho Salad

Kickin Pinto Beans, Celery
Stks, Salad, Applesauce, 100%
Juice

06

Cheesy Pizza
Chili Mac
Four Cheese Wrap
Popcorn Chicken Salad

Broccoli, Cucumbers, Salad,
Fruit Salad, Blueberries,
100% Juice

09

Walking Tacos
Chicken Drumstick
Ham & Cheese Sdw
Egg Chef Salad

Mash Potato, Broccoli,
Salad, Orange, Mixed Fruit,
100% Juice

10

Chicken Parmesan
Cheesy Pizza Sticks
Hummus Wrap
Chicken Ranch Salad

Green Beans, Red Peppers,
Salad, Banana, Pears,
100% Juice

11

Chicken Nugget
Chili Cheese Baked Potato
Turkey & Cheese Sub
Fruit & Cheese Plate

Roasted Carrots, Cucumbers,
Salad, Apples, Peaches, 100%
Juice

12

Chicken Patty Sandwich
Veg Fried Rice w/ Egg Roll
Muffin, Yogurt & Cheese
Nacho Salad

Baked Beans, Celery, Salad,
Watermelon, Applesauce,
100% Juice

13

Cheesy Pizza Slice
Hot Dog
Four Cheese Wrap
Popcorn Chicken Salad

Streamed Broccoli, Fresh
Carrots, Salad, Fruit Salad,
Blueberries, 100% Juice

16

Fish Sticks w/ Mac & Cheese
Grilled Ham & Cheese Sdw
Ham & Cheese Sdw
Egg Chef Salad

Crisscut Fries, Grape
Tomatoes, Salad, Orange,
Mixed Fruit, 100% Juice

17

Cheesy Bosco Sticks
Nacho Walking Taco
Hummus Wrap
Chicken Ranch Salad

Steamed Mixed Vegetables,
Cucumbers, Salad, Banana,
Pears, 100% Juice

18

National Cheeseburger Day
Cheeseburger
Cheese Ravioli w/ Garlic
Bread
Turkey & Cheese Sub
Fruit & Cheese Plate

Butternut Squash, Celery,
Salad, Apples, Peaches,
100% Juice

19

Popcorn Chicken Bowl
French Toast Sticks w/ Ham
Muffin, Yogurt & Cheese
Nacho Salad

Campfire Pinto Beans, Fresh
Carrots, Salad, Watermelon,
Applesauce, 100% Juice

20 Aces' Birthday Bash

Mini Corn Dogs
Cheesy Pizza
Four Cheese Wrap
Popcorn Chicken Salad

Streamed Broccoli, Red
Pepper, Salad, Mixed Berries,
100% Juice
Ace's Birthday Treat

23

Chicken Nuggets
Beef Soft Tacos
Ham & Cheese Sdw
Egg Chef Salad

Steamed Corn, Fresh
Carrots, Salad, Orange,
Mixed Fruit, 100% Juice

24

Cheesy Max Sticks
Nacho Walking Taco
Hummus Wrap
Chicken Ranch Salad

Green Beans, Red Peppers,
Salad, Banana, Pears, 100%
Juice

25

Chicken Patty Sandwich
Orange Popcorn Chicken
Turkey & Cheese Sub
Fruit & Cheese Plate

Grape Tomatoes, Steamed
Mixed Vegetables, Salad,
Apples, Peaches, 100% Juice

26

Pancakes w/ Omelet
Pasta w. Meat Sauce
Muffin, Yogurt & Cheese
Nacho Salad

Campfire Pinto Beans,
Fresh Celery, Salad,
Applesauce, 100% Juice

27

No School!

30

Cheeseburger
Cheesy Pizza
Four Cheese Wrap
Popcorn Chicken Salad

Streamed Broccoli,
Coleslaw, Salad, Fruit
Salad, Blueberries, 100%
Juice

Welcome back students! My name is Ace, and I'm really excited for this school year!



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Join us for our fun, flavor-packed promotions this month including National Cheeseburger Day and National Pancake Day! We will celebrate Ace's Birthday Bash once a week-eat lunch with us for an opportunity to win a prize! Lunch comes with a special treat on 9/20!

Lunch Prices: Paid \$2.50, Reduced \$0.40, Adult: \$3.55

Menu is Subject to change without notice!
Questions or Concerns? Please contact Food Service Director, Nina McDonald:
nmcdonald@browndeerschools.com



Brown Deer Middle School Menu

September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... In addition to the feature entrees listed, our Daily Serve Items include: Hot Dogs Cheeseburgers Chicken Patty Pizza Popcorn Chicken Chicken Nuggets Chicken Tenders Mini Corn Dogs Join us for FUEL items featured for one week each month!
2 Welcome Back, Students! Aramark is excited to see you!	3 Mini Corn Dogs Three Cheese Wrap PB&J Sandwich Bananas, Pears, Baked Fries, Red Pepper Strips	4 <u>Breakfast for Lunch!</u> Pancakes & Sausage Pretzel, Cheese & Yogurt PB&J Sandwich Apples, Peaches, Cucumber, Hash Browns	5 Beef Tacos Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Refried Beans, Celery Sticks	6 Cheese Pizza Muffin, Cheese & Yogurt PB&J Sandwich Apples, Applesauce, Side Salad, Carrots	
9 Egg & Cheese Biscuit Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Broccoli, Side Salad	10 Pasta & Meatballs Three Cheese Wrap PB&J Sandwich Bananas, Pears, Green Beans, Red Pepper Strips	11 Fish Sticks Pretzel, Cheese, & Yogurt PB&J Sandwich Apples, Peaches, Carrots, Cucumbers	12 Chicken Tacos Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Refried Beans, Celery Sticks	13 Cheese Pizza Muffin, Cheese, & Yogurt PB&J Sandwich Apples, Bananas, Carrots, Side Salad	
16 Macaroni & Cheese Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Red Pepper Strips, Side Salad	17 Popcorn Chicken Bowl Three Cheese Wrap PB&J Sandwich Bananas, Pears, Mixed Vegetables, Cucumbers	18 <u>National Cheeseburger Day!</u> Cheeseburger Pretzel, Cheese, & Yogurt PB&J Sandwich Apples, Peaches, Baked Fries, Celery	19 Beef Tacos Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Refried Beans, Red Pepper Strips	20 Cheese Pizza Muffin, Cheese, & Yogurt PB&J Sandwich Apples, Applesauce, Broccoli, Carrots	
23 Cheese Quesadilla Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Carrots, Corn	24 Chicken Patty Sandwich Three Cheese Wrap PB&J Sandwich Bananas, Pears, Baked Fries, Red Pepper Strips	25 All-Beef Hot Dog Pretzel, Cheese & Yogurt PB&J Sandwich Apples, Peaches, Tater Tots, Zucchini	26 <u>National Pancake Day!</u> Pancakes & Sausage Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Hash Browns, Celery	27 No School!	
30 Grilled Cheese Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Mixed Vegetables, Side Salad			Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.		

Lunch Prices: Paid \$3.00, Reduced \$0.40, Adult: \$3.55



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Brown Deer High School Menu

September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Welcome Back, Students! Aramark is excited to see you!	3 Mini Corn Dogs Three Cheese Wrap PB&J Sandwich Bananas, Pears, Baked Fries, Red Pepper Strips	4 <u>Breakfast for Lunch!</u> Pancakes & Sausage Pretzel, Cheese & Yogurt PB&J Sandwich Apples, Peaches, Cucumber, Hash Browns	5 Beef Tacos Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Refried Beans, Celery Sticks	6 Cheese Pizza Muffin, Cheese & Yogurt PB&J Sandwich Apples, Applesauce, Side Salad, Carrots	Special News... In addition to the feature entrees listed, our Daily Serve Items include: Hot Dogs Cheeseburgers Chicken Patty Pizza Popcorn Chicken Chicken Nuggets Chicken Tenders Mini Corn Dogs Join us for FUEL items featured for one week each month!
9 Egg & Cheese Biscuit Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Broccoli, Side Salad	10 Pasta & Meatballs Three Cheese Wrap PB&J Sandwich Bananas, Pears, Green Beans, Red Pepper Strips	11 Fish Sticks Pretzel, Cheese, & Yogurt PB&J Sandwich Apples, Peaches, Carrots, Cucumbers	12 Chicken Tacos Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Refried Beans, Celery Sticks	13 Cheese Pizza Muffin, Cheese, & Yogurt PB&J Sandwich Apples, Bananas, Carrots, Side Salad	
16 Macaroni & Cheese Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Red Pepper Strips, Side Salad	17 Popcorn Chicken Bowl Three Cheese Wrap PB&J Sandwich Bananas, Pears, Mixed Vegetables, Cucumbers	18 <u>National Cheeseburger Day!</u> Cheeseburger Pretzel, Cheese, & Yogurt PB&J Sandwich Apples, Peaches, Baked Fries, Celery	19 Beef Tacos Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Refried Beans, Red Pepper Strips	20 Cheese Pizza Muffin, Cheese, & Yogurt PB&J Sandwich Apples, Applesauce, Broccoli, Carrots	
23 Cheese Quesadilla Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Carrots, Corn	24 Chicken Patty Sandwich Three Cheese Wrap PB&J Sandwich Bananas, Pears, Baked Fries, Red Pepper Strips	25 All-Beef Hot Dog Pretzel, Cheese & Yogurt PB&J Sandwich Apples, Peaches, Tater Tots, Zucchini	26 <u>National Pancake Day!</u> Pancakes & Sausage Popcorn Chicken Salad PB&J Sandwich Bananas, 100% Fruit Juice, Hash Browns, Celery	27 No School!	
30 Grilled Cheese Ham & Cheese Sdw Egg Chef Salad Apples, Mixed Fruit, Mixed Vegetables, Side Salad			Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.		

Lunch Prices: Paid \$3.00, Premium Meal \$4.00, Reduced \$0.40, Adult: \$3.55



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